



# New Hope United Methodist Church

W7797 Center Avenue  
Glenbeulah, WI 53023  
(Across from the Wade House Historic Site)

## July / August 2021

### Upcoming Events

#### JULY

Sunday	July 4th	9:30am Worship w/Communion
Sunday	July 11th	9:30am Worship
Monday	July 12th	6:30pm Admin Board Meeting
Sunday	July 18th	9:30am Worship
Sunday	July 25th	9:30am Worship

#### AUGUST

Sunday	August 1st	9:30am Worship w/Communion
Tuesday	August 3rd	4:30pm to 6:30pm August Social
Sunday	August 8th	9:30am Worship
Monday	August 9th	6:30pm Admin Board Meeting
Tuesday	August 10th	4:30pm to 6:30pm August Social
Sunday	August 15th	9:30am Worship
Tuesday	August 17th	4:30pm to 6:30pm August Social
Sunday	August 22nd	9:30am Worship
Tuesday	August 24th	4:30pm to 6:30pm August Social

### Birthdays

#### July

7/2	Brian Sheets
7/8	Edith Faul
7/14	Faye Limberg
7/20	David Rieth



#### August

8/3	Doreen Huberty
8/3	Ric Olson
8/6	Franky Perko
8/7	Eric Kracht
8/9	Jared Roll
8/23	Karen Longrie
8/27	Esther Limberg

If we are missing your birthday, please contact the church office.

## Greetings from Pastor Ric...

“My Big Project this year”

I appreciate the many people who have noticed some changes and asked about this. This has been a big year for me, to change myself and make a big difference in my health for the rest of my life (God willing!).

On the day after Christmas, I made a decision to lose 117 pounds and become healthier! That was a big goal and a big project for me. It isn't my first time. Lord knows, I've tried many times with a little success and then fall right back into my old ways.

I don't have the answer for everyone, I just know what is working for me. I am pleased to share that I have lost 67 pounds so far this year, with 50 more to go! At my current progress, I should reach my goal by this Christmas!

I attribute my success so far to two factors: First, by making a decision to learn more about healthy eating and exercise habits. Then, secondly, having the support of my social network to achieve my goal.

First, I decided to enroll in Nutrisystem for Men for their prepared foods to begin my weight loss. I learned many things about making good food choices: choosing proteins, 'smartcarbs,' and vegetables. They made it very easy to eat 6 times a day, 3 meals and 3 snacks, and stay within 1500 calories a day. I started tracking my meals using their app on my phone to record everything I ate that day.

Then after a month, I bought a Garmin fitness watch to track my heart rate, my steps daily, and my sleep patterns. I started a walking exercise program to track my workouts and food intake on a different app to double check my progress. Together, I have been able to sustain two pounds a week weight loss without any problems.

Secondly, I had the full support of my wife when I started. I also had the support of my dad (who has wanted me to lose weight for many years now). When I saw him in earlier this month, he was thrilled. And when I visited my doctor for an annual check-up in January to let him know what I was planning, he was supportive as well.

May this season of summer be the time when we can remind everyone of the importance of making new projects to improve our lives!

Blessings to you,  
Pastor Ric

## Mission and Outreach



Greeting Friends,

The totals are in! Due to the great generosity of our churches within NE Dist - Cir. 12, more than 400 lbs. of badly needed supplies was collected as part of the WI Annual Conference Ingathering 2021. In addition, more than \$650.00 was collected. These supplies and monetary contributions will be brought to the designated NE Wisconsin collection site for transport to the Midwest Mission Distribution Center in Springfield, IL. From there your donations will be packed and sent to areas suffering great hardship or natural disaster. I hope you have a warm feeling in your heart! Because of people like YOU, our brothers in sisters who are in need will be able to get some badly needed help.

Attached is a picture, both in color and B&W which you may post, use in your bulletins or newsletters or send via e-mail. If you have any additional questions

regarding the Ingathering, please do not hesitate to reach out to me or to Pastor Mary Balson our NE Dist. Coordinator.

Grace & Peace.

Joe Hilke, Chair  
NE Dist. - Cir 12 Laity Committee

**\*\*New Hope UMC donated 12 Hygiene Kits; thank you to everyone.**

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## Scholarship

Scholarship Applications Welcomed!

The Scholarship Committee wishes to welcome applications from our church members and related students who are pursuing college and advanced studies. Please go to the church website for forms [www.gbnewhopeumc.org](http://www.gbnewhopeumc.org) or please contact us to receive the new, updated application form and reference forms to begin the process.

The scholarship award and application **deadline date will be 30 days prior to beginning of the term.**

## New Hope Upcoming Events

### VBS this summer

At the last Administrative Board meeting we discussed the need to offer a Vacation Bible School this summer for the children of our families and the community.

**VACATION BIBLE SCHOOL:** This year's VBS, hosted by Bethel UMC at Bethel, will be held on Saturday, August 7 at Bethel. All children entering Kindergarten through 6th grade are invited to attend! The theme is "running the Race." Fun activities will include an obstacle course, relay races, kayaking on the pond, a scavenger hunt, music, games, Bible stories, arts and crafts, and a bonfire with a cookout and s'mores in the evening. Carpooling will be available. Stay tuned for more fun details!

If you would like to help us plan for something to reach out to our children and grand-children, as well as their friends and others, we welcome your time and leadership to create this.

Please contact Pastor Ric at 920-980-8302 or [ricolson2008@gmail.com](mailto:ricolson2008@gmail.com) with questions, or suggestions, or to help us plan this important ministry.

### August Social and Brat Frys (no Hymn Sing)

Please join us August 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup> from 4:30pm to 6:30pm for our August Socials (no Hymn Sing this year). Table and chairs will be setup in the church parking lot. Please consider what type of pie or torte you would like to make; signup sheet will be in church soon. Remember many hands make light work.



### Grass Mowing Time

Please signup grass mowing if you are able. We have volunteers for the month of July but are still looking for volunteers for the months August and September. There will be a signup sheet at Church or send us an email.

### New Hope UMC 170<sup>th</sup> Anniversary Celebration

Please mark your calendars for September 26, 2021 at 10:30am (After Worship) in Church parking lot (weather permitting). Invitations will be sent to past Pastors, members and guests.

More information to follow.

## Upcoming Area Events and Announcement

### Outdoor Use of Bethel UMC Church Grounds

Bethel UMC would like to share our beautiful grounds with the churches in our circuit (at no charge) for individual, family, and church gatherings, overnight camping, bonfires and cookouts at the fire pit, picnics, walking our meditation path in our woods and around our pond, and use of the covered pavilion. Bethel is a small country church located on the edge of Kiel and New Holstein, just off Highway 67 going north out of Kiel, at the corner of Meggers and Charlesburg Roads. We feel blessed by the beautiful grounds and resources at our church, and would like to share them with others. For more information please call Kathy Reid, Pastor, at 920 980- 8376, or send an email to [katr40@aol.com](mailto:katr40@aol.com)

### Bethel UMC's Summer Supper Fundraiser

Thursday, July 15th from 4-7 p.m. at the church (10509 Meggers Road, New Holstein). The Bethel Babes will serve hot sandwiches, sides and salads, and desserts. You may drive thru or eat outdoors under the pavilion.

### NE Circuit 12 Brat Fry:

Mark your calendars and stop for lunch on Saturday, July 24 at the Plymouth Piggly Wiggly store from 10 a.m.- 2 p.m. We are looking for grills and volunteers. We begin grilling at 8:30 a.m. If you can loan a grill or help on the day as a volunteer, please call Steve Blake at 920-467-8240.

### PROJECT ANGEL HUGS 2nd ANNUAL ONLINE "BE AN ANGEL AUCTION"

Will be live from Saturday, July 25 – Saturday, July 31, 2021. This will benefit expansion of the ministry to ease the stress of the devastating disease of cancer on our littlest warriors and instill within our youth the importance of giving back to the community through this ministry that was started by the generous heart of Vanessa Jensema, a little girl who passed away in 2001, but lives on in the spirit of many. Donors of \$250 or more receive recognition as a sponsor in all advertising.



Psalm 96:2 Sing to the Lord, bless his name;  
tell of his salvation from day to day.

# summer PSALMS

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